

Coastal Neurological Medical Group, Inc.

Dee E. Silver, M.D.

We're here to help!

Movement Disorders
Neurodegenerative Diseases
Stroke
Botulinum Toxin Injection
Migraine Headaches

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Neurological Rehabilitation
DBS Programming
Electromyography
Electroencephalography
Electronystagmography

Rytary for L-dopa Naive patients

Rytary is a carbidopa/L-dopa extended release formulation that comes in a capsule. It can be used in patients who never had L-dopa, Stalevo, Sinemet or Sinemet CR (L-dopa Naïve patients). Trials have shown that it improved Parkinson's patients' scores that are used to monitor Parkinson disease. L-dopa, which is in Rytary, is the gold standard for the treatment of Parkinson's disease. The capsule doses are 45 mg, 95 mg, 145 mg, 195 mg and 245 mg.

Instructions for use for the patient starting L-dopa:

1. Keep other Parkinson's drugs the same such as dopamine agonist, MAO-type B inhibitors or anticholinergics. Change only one drug at a time.
2. Do not throw away any of your old Parkinson's medications.
3. Keep sample dosing as written by the doctor.
4. Do not stop Rytary suddenly.
5. The first day, you will be on 95 mg three times a day. Then day four, you will go to 145 mg three times a day. Rytary is taken one hour before meals. Later dosing increase will be based upon the benefit of Rytary on the patient's tremor, rigidity, bradykinesia and other Parkinson's symptoms. Later, the dosage maybe possibly increased by Dr. Sliver. Stay on the dose given by the doctor unless there is L-dopa side effects noted. Dr. Silver will probably see the patients every four to eight weeks. Monitor carefully for improvement. The schedule is date, milligrams and hours taken.

Keep the flow sheet forever and make changes on the sheet as directed by the doctor.

For more information on Rytary, google Rytary and look for information and savings coupons. Also, watch Dr. Silver's YouTube video's: www.tinyurl.com/doctorsilver

Do NOT start Rytary on Thursday or Friday or when you are leaving town for an extended period of time (more than a day).

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